

Children and Young People's Neurodiversity Wellbeing Team

A confidential, free advice line available to all children, young people and their families who are on the Neurodiversity Pathway within Plymouth.

What we offer

Advice and support including:

- Sleep
- Diet
- Anxiety
- School difficulties
- Friendships
- Positive support strategies

Contact us

Please call 01752 435404
Monday to Friday
9 - 11am and 2 - 4pm



Please complete our questionnaire using the QR code provided.